



TRACYAMALONE

SurThriver – Speaker – Trainer – Coach

Helping Victims Find the Light at the End of the Recovery Tunnel

Tracy Malone is an internationally recognized expert on emotional abuse, narcissistic personality disorder, covert narcissists, divorcing a narcissist, co-parenting, gaslighting, co-dependency, people pleasing, boundaries and how to heal after emotional abuse.

A traumatic series of life events--including being thoughtlessly discarded by her partner--thrust Tracy Malone into a personal downward spiral. As she sought the answer to, "Why me?", she discovered that she had been a victim of narcissist abuse.

Like many, before that moment, Tracy had no idea about the personality disorder known as narcissist personality disorder. So, she began to study it voraciously. Today, passionate about raising awareness on the subject, she is excited to share the empowering story of how she turned her life around in an effort to help others do the same.

Tracy's inspirational and humorous presentations leave your audience with a deeper understanding of abusive behaviors and how they can thrive after experiencing such difficult and troubled relationships. Tracy shares the raw, vulnerable stories of her own hero's journey and lessons all survivors need to hear to find hope.

For booking information:

 (303) 459-2686

 TracyAMalone.com

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 STITCHER™

Inspirational surTHRIVER hero's journey

Compassionate Speaker

An expert on destructive relationships, Tracy's Narcissist Abuse Support website offers resources to victims from more than 145 countries. In addition, she is the host of a Facebook group with more than 8000 members; a YouTube channel that has reached more than a million survivors; and her inspirational quotes on Pinterest have seen more than two million monthly visitors.

Visit tracyamalone.com to get insight into how her unique storytelling talks can help your next event.

Tracy Malone is available as an expert for print, radio, podcast interviews, YouTube guest interviews and television interviews.

Praise for Tracy Malone

- Tracy your messages come from a positive place where you demonstrate what can happen AND that there is a life afterward. I appreciate your message and story and you are a great example at how people can overcome this abuse and rise above all of this. – Survivor
- You are an excellent speaker! Your work has changed my life. Thank you. – Survivor
- Beautifully said, this was the best advice I have heard in 10 years and I'm sure you will awaken many people that need this education for healing! – Survivor
- Tracy, the creative way you weave nibbles of your own story into each lesson helps me see the patterns in my own life. Thank you. – Survivor

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